

The Core Values Assessment

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What are core values?

Core values are biblical beliefs and principles we uphold to live lifestyles that reflect the kingdom. Much like a tree draws nutrients and strength from its root system to thrive, we draw from core values to develop an environment inside of us and around us that produces the fruit of the kingdom. According to Mark Brookes, BSSM First Year Senior Overseer,

Core values are the standard in our lives for what we believe, and are the motivation for everything we do. Healing, prophesy, miracles and more will be the supernatural fruits on the tree of our lives if we take time to establish ourselves with a healthy, strong root system and structure of core values. In Matthew 9:17, Jesus talks about wine and wineskins, creating a perfect picture of why we need to pursue kingdom core values... If we want the supernatural fruit of revival to be lasting in our lives, we must make a new wineskin of core values that is consistent with God's kingdom. Then we can truly leave a legacy of revival for generations to come.

To produce the fruit of revival through our lives, we must learn how to be directed by kingdom values. In fact, we have to intentionally align our daily actions and behaviors according to these values. As a result, we will see the abundance of the kingdom cultivated in us and touching the lives around us.

What is The Core Values Assessment?

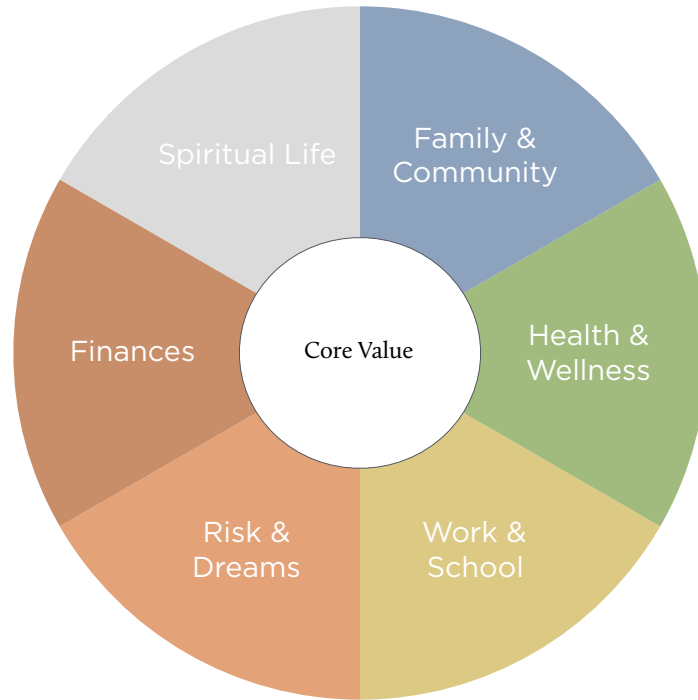
The Core Values Assessment is designed to help you intentionally develop a lifestyle that demonstrates the kingdom. This assessment will help you develop your core values in areas such as your spiritual life, family and community, health and wholeness, work and school, levels of risk-taking, and dreaming and finances. Through this assessment, you will be able to develop goals and take steps to pursue the abundant kingdom lifestyle you have been designed to live!

How does The Core Values Assessment work?

In this assessment, you will choose a kingdom core value and search its biblical foundation. You will then have the opportunity to discover and share your understanding of the biblical truth that supports that core value, what the core value personally means to you and what God is saying to you about the core value. Next, you will choose a life area from the Core Values Wheel and determine your level of satisfaction of the application of this core value to the life area. Lastly, you will have an opportunity to explore what improvement looks like in this area and create an action plan to intentionally cultivate that core value to become a greater part of your lifestyle. Below are the 4 phases of The Core Values Assessment:

- ▶ *Discover* the scriptural foundation of kingdom core values.
- ▶▶ *Reflect* upon how core values are demonstrated in your life.
- ▶▶▶ *Explore* what it looks like to grow the core value in your life.
- ▶▶▶▶ *Activate* lasting changes that cultivate the kingdom in and around you.

The Core Values Wheel



What are the life areas of the Core Values Wheel?

Spiritual Life

Your relationship with God the Father, Son, and Holy Spirit and connection through worship, prayer, study, and revelation of the Word, etc.

Family & Community

Your relationships with your family members and friends, community involvement, social life, etc.

Health & Wellness

Your state of mental, emotional, and physical wellbeing, how you care for yourself (e.g. exercise, diet, rest, recreation), etc.

Work & School

Your work environment and experience (e.g. meetings, responsibilities, deadlines) and/or your school environment and experience (e.g. class, activation, homework), etc.

Risk & Dreams

Your risk-taking to experience the fullness of the kingdom, pursuing dreams, etc.

Finances

Your income, stewardship of income, giving, etc.

The Core Values Assessment - Sample

► PHASE ONE: Discover

Choose a kingdom core value. List the Scriptures you find that further demonstrate this core value and paraphrase the essential message of each Scripture. Lastly, answer the questions below and choose a life area.

Core Value: God is Good

Scripture(s): Psalm 103:8-12 reveals that God is gracious, compassionate, slow to anger, and abounding in love towards His children. He does not hold our sin against us, but redeems us from our sin. In Matthew 7:11, Jesus reveals that the love we could receive from a parent does not compare to the love God the Father has for us.

What does this core value personally mean to you? God is not an angry Father. He is compassionate, merciful, and gracious. Jesus came to reveal the nature of the Father to me and to the world.

What is God saying to you about this core value? I heard God say that at this truth will become a foundation for my life and that there are greater levels of His goodness I will experience.

Choose a life area from the Core Value Wheel and write your core value in the center of the Core Values Wheel below.



► ► PHASE TWO: Reflect

Reflect upon how this core value is demonstrated in that area of your life and if you are believing any lies about this area. Rank your level of satisfaction from 1-10 (10 being the highest level of satisfaction and 1 being the lowest level of satisfaction) for this area. The ranking should demonstrate how satisfied you are with the application of this core value in this life area based upon your written statements in the discover phase.

Life Area: Finances

How are you currently demonstrating (i.e. thought processes and actions) your core value in this specific life area? I trust God to meet my daily needs, especially with the provision of a part-time job and home while I attend school.

Are there any lies you are believing about this area of your life? Yes, I am struggling with doubt and unbelief surrounding provision for my missions trip. I am not always sure if God will provide the funds in time for me to go on the trip. In fact, I am not always sure if I receive financial provision for the dreams in my heart.

Rate your level of satisfaction in this area: 4

► ► ► PHASE THREE: Explore

Describe what improvement in this area looks like. Refer to the Coaching Questions (see pages 11-12) under the life area you chose from the Core Values Wheel if you need help brainstorming what improvement looks like. Lastly, list the Scriptures you find that further demonstrate this core value in that life area and paraphrase the essential message of each Scripture.

What does improvement in this area look like for you? Improvement in this area looks like walking in restful confidence knowing that God will provide for the desires of my heart, including provision for my school missions trip. It also looks like cultivating a heart of gratitude, remembering and thanking Him for every time He has provided and every time He will provide in the future.

Scripture(s): *In Matthew 6:31-32, I learn that I do not have to worry about being provided for because my Father in Heaven knows exactly what I need. I can give thanks because He is faithfully good today and forever (Psalm 136:1). Philippians 4:19 reveals that He will provide for me according to His riches.*

▶ ▶ ▶ ▶ **PHASE FOUR: Activate**

Create an action plan (goal, steps and means of accountability) to intentionally cultivate that core value so that it becomes a greater part of your lifestyle. Refer to the Activation Steps (see page 10) if you need some ideas of what steps you can take.

My goal to further develop this life area to reflect my core value: *Cultivate a greater level of thanksgiving for God's goodness in the area of my finances.*

Steps:

- To further apply the truth that God is good in the area of finances I will create *Thanksgiving regarding God's provision for me and declare them every morning. For example, "God is My Father and provider. As I live from the abundance of heaven, there will always be enough for me. I can live generously because I have a generous Father."*
- To further apply the truth that God is good in the area of finances I will ask my *friends for three testimonies of financial provision in their lives to encourage myself and ask them to partner with me in prayer for my own breakthrough.*
can live generously because I have a generous Father."
- To further apply the truth that God is good in the area of finances I will write *a sponsorship letter and invite my family and friends to sow into my missions trip.*

Accountability:

- I will complete these steps towards my goal by the end of the month.
- I will ask my school intern to keep me accountable to complete these steps.

- I need to set aside time in my calendar in order to complete these steps.
- I will assess my progress by looking over my core values assessment in 3 weeks and rating my level of satisfaction.
- I will share the progress I have made with my revival group intern by the end of the month.

The Core Values Assessment - Worksheet

► PHASE ONE: Discover

Choose a kingdom core value. List the Scriptures you find that further demonstrate this core value and paraphrase the essential message of each Scripture. Lastly, answer the questions below and choose a life area.

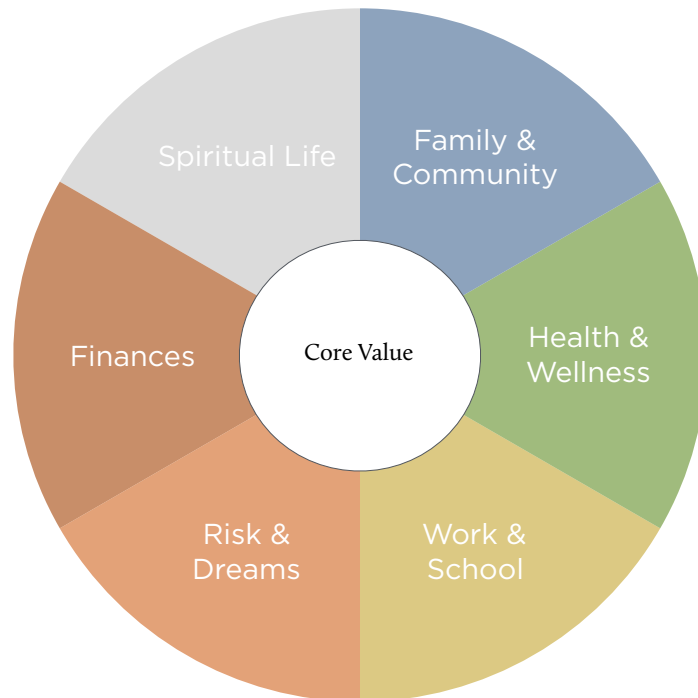
Core Value: _____

Scripture(s):

What does this core value personally mean to you?

What is God saying to you about this core value?

Choose a life area from the Core Value Wheel and write your core value in the center of the Core Values Wheel below.



▶ ▶ PHASE TWO: Reflect

Reflect upon how this core value is demonstrated in that area of your life and if you are believing any lies about this area. Rank your level of satisfaction from 1-10 (10 being the highest level of satisfaction and 1 being the lowest level of satisfaction) for this area. The ranking should demonstrate how satisfied you are with the application of this core value in this area based upon your written statements in the discover phase.

Life Area: _____

How are you currently demonstrating (i.e. thought processes and actions) your core value in that specific life area?

Are there any lies you are believing about this area of your life?

Rate your level of satisfaction in this area: _____

▶ ▶ ▶ PHASE THREE: Explore

Describe what improvement in this area looks like. Refer to the Coaching Questions (see pages 11-12) under the life area you chose from the Core Values Wheel if you need help brainstorming what improvement looks like. Lastly, list the Scriptures you find that further demonstrate this core value in that life area and paraphrase the essential message of each Scripture.

What does improvement in this area look like for you?

Scripture(s):

▶ ▶ ▶ ▶ PHASE FOUR: Activate

Create an action plan (goal, steps and means of accountability) to intentionally cultivate that core value to become a greater part of your lifestyle. Refer to the Activation Steps (see page 10) if you need some ideas of what steps you can take.

My goal to further develop this life area to reflect my core value:

Steps:

- To further apply the truth that _____ in the area of _____
I will _____
- To further apply the truth that _____ in the area of _____
I will _____
- To further apply the truth that _____ in the area of _____
I will _____

Accountability:

- I will complete these steps towards my goal by _____
- I will ask _____ to keep me accountable to complete these steps.
- I need to _____ in order to complete these steps.
- I will assess my progress by _____
- I will share the progress I have made with _____ by _____

Coaching Questions

Spiritual Life

- What is your relationship with God like?
- What are some ways you best connect to God (e.g. in nature, worship, prayer, reading the Word)?
- What are some new ways you can connect to Him?
- How do you think God wants to meet you or relate to you?
- What do you want your relationship with God to look like?
- What are some ways you can pursue greater intimacy with God?

Family & Community

- How are you experiencing your family?
- What is your favorite aspect of your family life?
- What would you like to see change in your family life?
- How do you pursue greater connection with your family?
- How do you draw from your community of friends?
- How do you serve your community of friends?
- How can you pursue a greater sense of connection with your friends?

Health & Wholeness

- How is your spiritual, emotional, and physical health?
- How do you care for your mind, soul, and body?
- What are some things you do that are restful or fun for you?
- How much time do you allocate for rest and recreation?
- What obstacles prevent you from pursuing rest and recreation?
- What are some ways you can pursue greater levels of health and wholeness in your life?

Work & School

- What do you like about your work?
- What do you want to improve in your work environment?
- How can you change your experience at work?
- What growth have you experienced through school?
- What are your favorite aspects of school?
- What are the most effective ways you learn and apply what you receive through school?
- How can you further grow during your time in school?

Risk & Dreams

- How are you pursuing a supernatural lifestyle?
- How have you taken a step of risk and experienced success? What have you learned from taking risks?
- What dreams are you currently pursuing?
- How does the fulfillment of your dreams benefit others?
- What are some ways you can further pursue those dreams?

Finances

- What would you like to see change in your finances?
- How do you manage your finances?
- What are some ways you demonstrate generosity?
- How can you become a better steward of your finances? How is your core value re finances in your finances?

Activation Steps

Write a list of declarations.

Declarations are a powerful way to build up your faith and align your beliefs with the truth. Take time to write out declarations that will activate your faith and speak them over yourself.

Give thanks.

At the end of your day, write down how you experienced God's goodness that day and give thanks. Do this for seven days. Invite God to reveal more of His kind nature to you and ask Him to bring breakthrough your life.

Study and meditate upon Scripture.

Dive into a deeper study of the Scriptures you listed in the discover and explore phases. Invite the Holy Spirit to give you deeper revelation of their truth and how they directly apply to you.

Listen to messages.

Find and listen to sermons that will encourage you with greater truth and application of your core values. Take time to write your own message about your core value.

Connect with a trusted peer.

Share about your journey cultivating a kingdom lifestyle by being intentional to live from your core values. Ask him or her for feedback, encouragement, or prayer support.

Soak in God's presence.

Turn on soaking music and invite Jesus to show you what it looks like to be internally motivated by your core values versus externally motivated by circumstances. Journal what He shows you.

Do a prophetic act.

Ask the Holy Spirit what prophetic act you could do to release breakthrough over an area over your life. Also, take time to prophesy truth into your next season. If you feel led to, invite a peer to do the activation with you.